Viennese Waltz

Style: American of International Style
Category: Smooth Ballroom
Rhythm: 3/4 time

Tempo:	American	International	
Competition	54	60	Bars per minute
Social	54-58	56-60	Bars per minute

These 'preferred' tempos notwithstanding, the basic figures may be danced to any waltz played between 44 and 64 bars per minute.

The Viennese Waltz is the classic waltz, more often featured in films than the more modern 'slow Waltz'. This dance is a quick rotating dance with a subtle rise and fall. It is considered a very difficult dance to do properly, even in its simplest forms.

<Note: Write more on history>

Alignments: The Viennese Waltz is a fast-rotating dance, and therefore some of the alignments given are slightly confusing. In the Viennese Waltz a figure may begin with a certain alignment, then rotate 1/8'th of a turn before the first step touches the floor.

The alignments listed are the alignments for the feet when they first touch the floor.

<I am not really satisfied with these foot diagrams or alignments, do a more careful analysis of alignments and step lengths when I have time>

Dancers Notes © 2001
Kevin Buell
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This guide is not meant to be a definitive description of how to dance these steps. Instead this guide should provide a useful starting place for you to keep your own notes collected from group classes, workshops, and other dance experiences. If a competent instructor states something which is contrary to what is in this guide, disregard what is written here in deference to the instructor. No guarantees are made as to the technical accuracy of these steps.

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Underarm Spin to Throwaway
Standing Spin

Note: Most figures are American Smooth Figures. Figures marked with a * are International Standard figures as well.

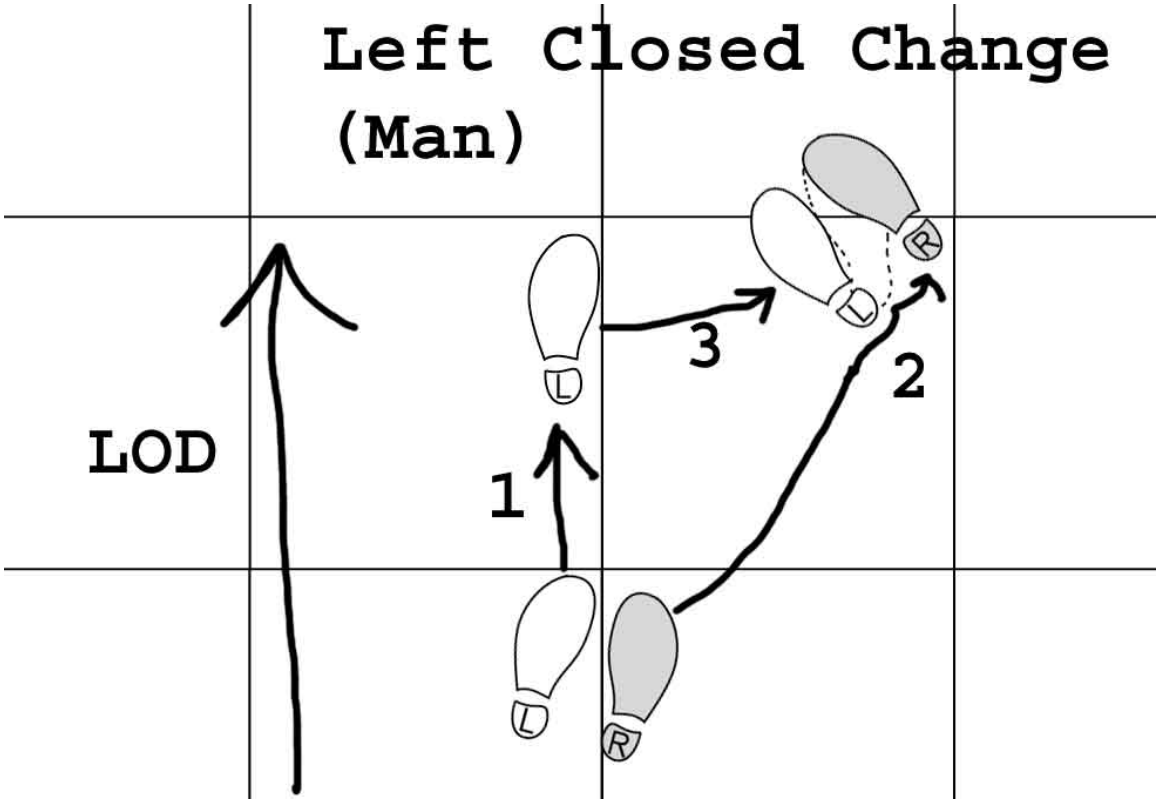
Amalgamations

Left Closed Change

(Reverse to Natural)

Rhythm: 123

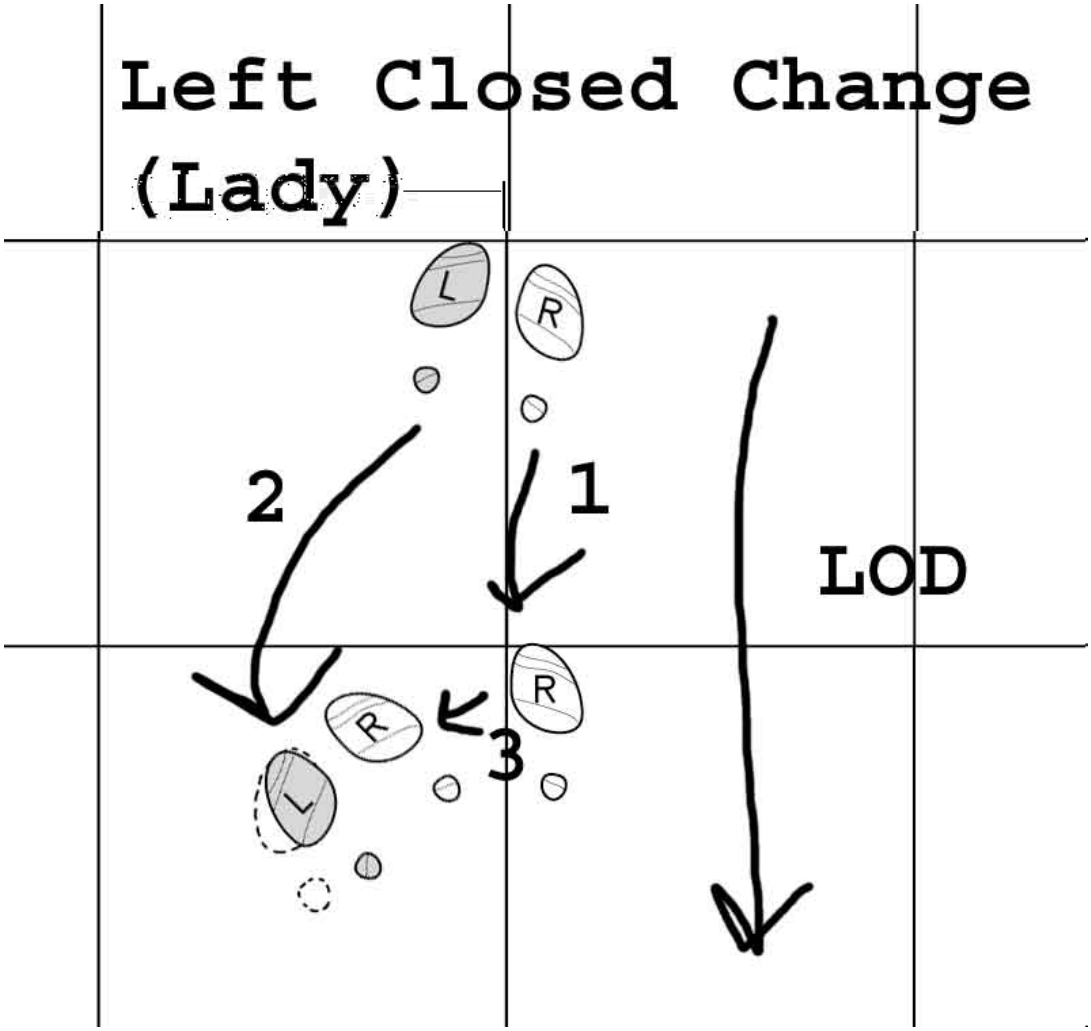
Step	Beat	Position		Align-ment	Turn	Foot work	Rise & Fall	Description
		Foot	Body					
Man								
1	**1**	LF Fwd	Slt CBM	Com facing LOD	*	HT	Rise E/o 1	* turn 1/8 L through 1 & 3
2	**2**	RF side & slt fwd	Sway L		*	T	Up	
3	3	LF close to RF	Sway L	End Facing DC	*	TH	Up, L e/o 3	



Left Closed Change (Reverse to Natural)

Rhythm: 123

Step	Beat	Position		Align-ment	Turn	Foot work	Rise & Fall	Description
		Foot	Body					
Lady								
1	**1**	RF back	Slt cbm	Com backing LOD	*	TH	Rise E/o 1	* turn 1/8 L through 1 & 3
2	2	LF side & slt back	Sway R		*	T	Up	
3	3	RF close to LF	Sway R	End Backing DC	*	TH	Up, L e/o 3	

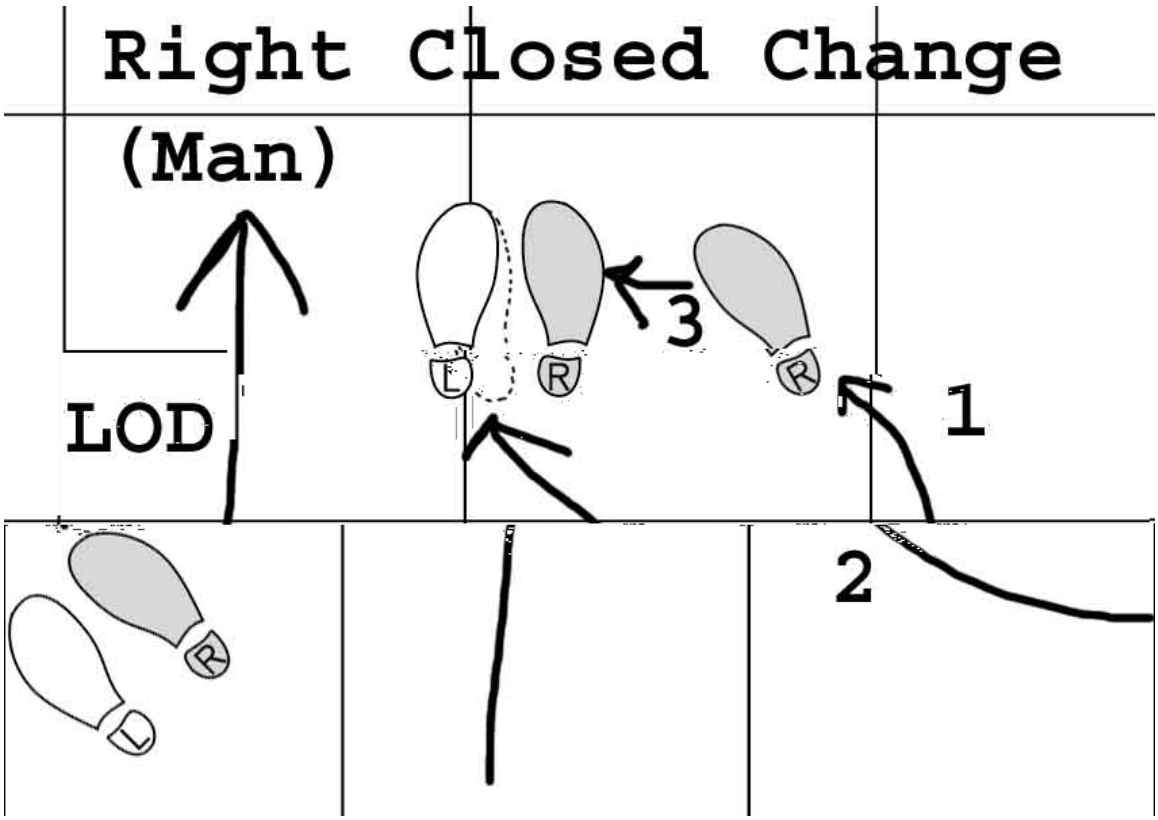


Right Closed Change

(Reverse to Natural)

Rhythm: 1<u>2</u>3

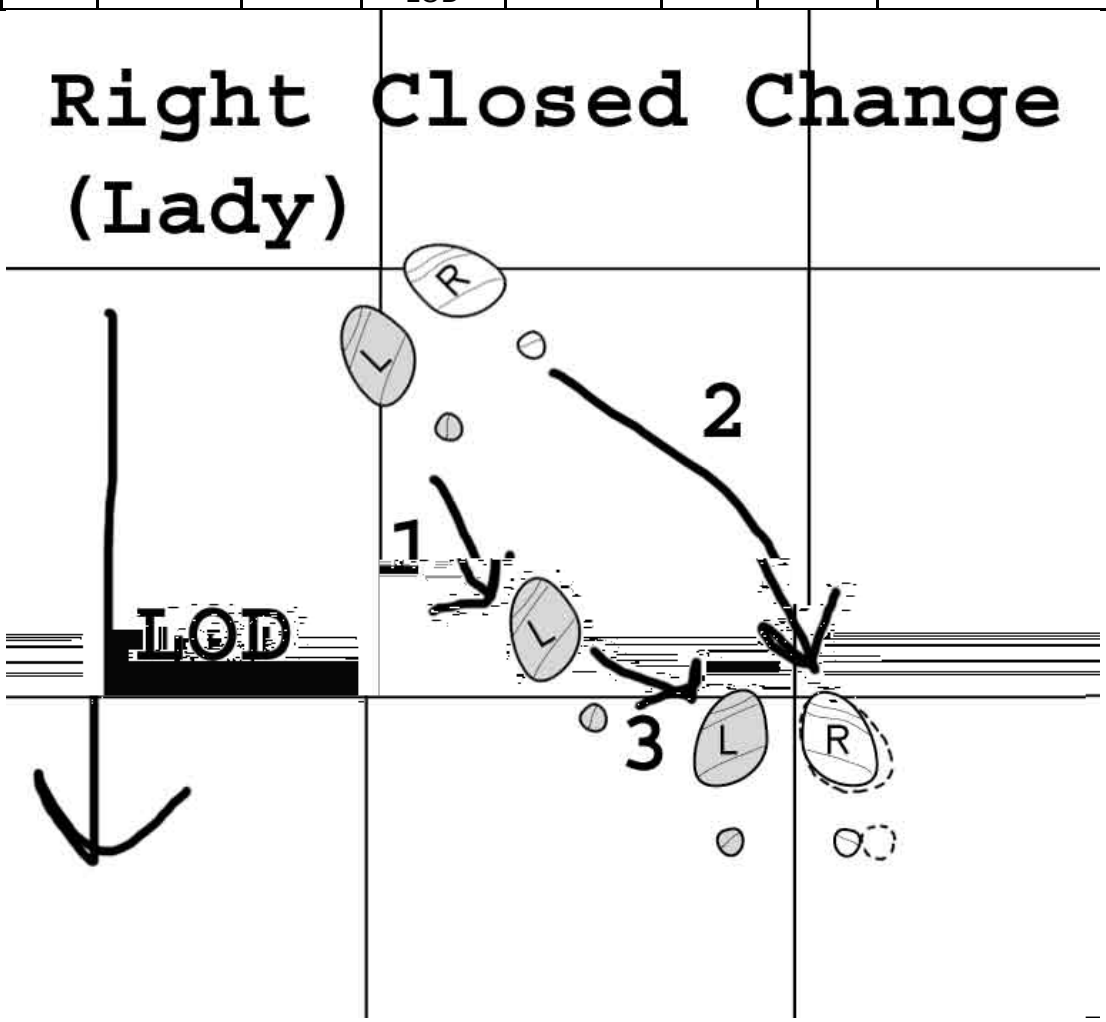
Step	Beat	Position		Align-ment	Turn	Foot work	Rise & Fall	Description
		Foot	Body					
Man								
1	**1**	RF Fwd	Slt CBM	Com facing DC	*	HT	Rise E/o 1	* turn 1/8 R through 1 & 3
2	**2**	LF side & slt fwd	Sway R		*	T	Up	
3	3	RF close to LF	Sway R	End Facing LOD	*	TH	Up, L e/o 3	



Right Closed Change (Natural to Reverse)

Rhythm: 123

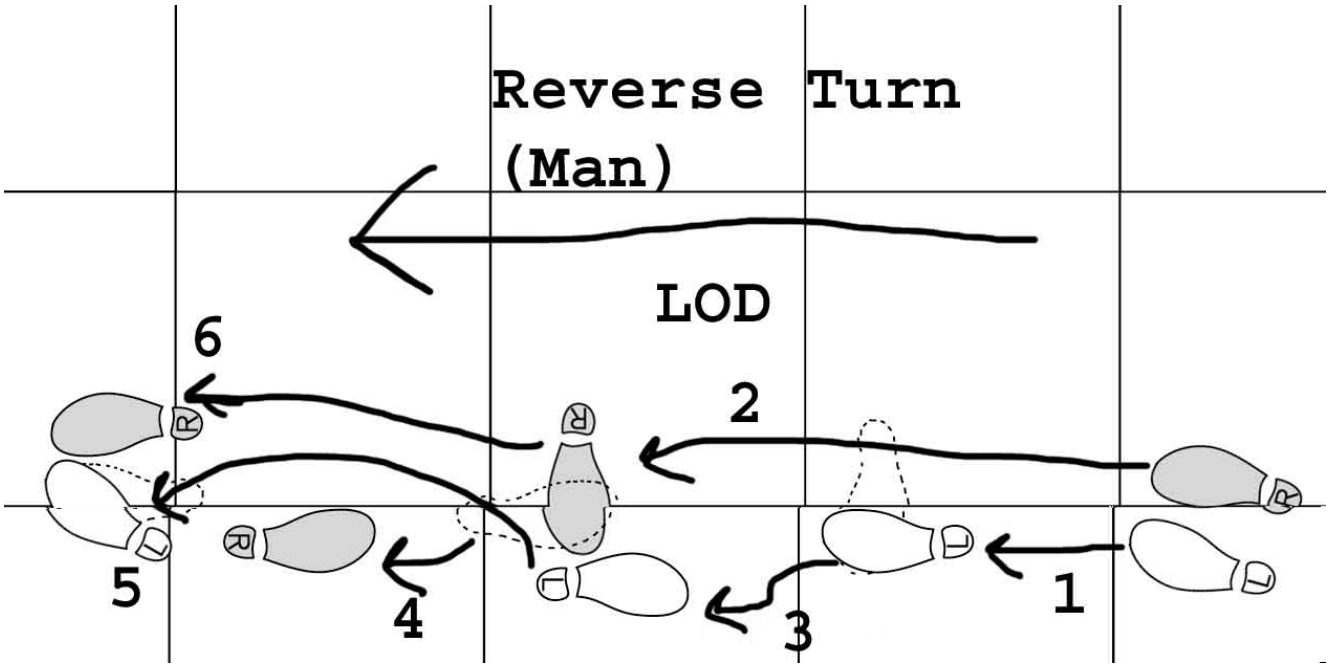
Step	Beat	Position: Foot	Position: Body	Alignment	Turn	Footwork	Rise & Fall	Description
Lady								
1	**1**	LF back	Slt cbm	Com backing DC	*	TH	Rise E/o 1	* turn 1/8 R through 1 & 3
2	2	RF side & slt back	Sway L		*	T	Up	
3	3	LF close to RF	Sway L	End Backing LOD	*	TH	Up, L e/o 3	



Reverse Turn / Left Turn

Rhythm: $1^{23}4^{56}$

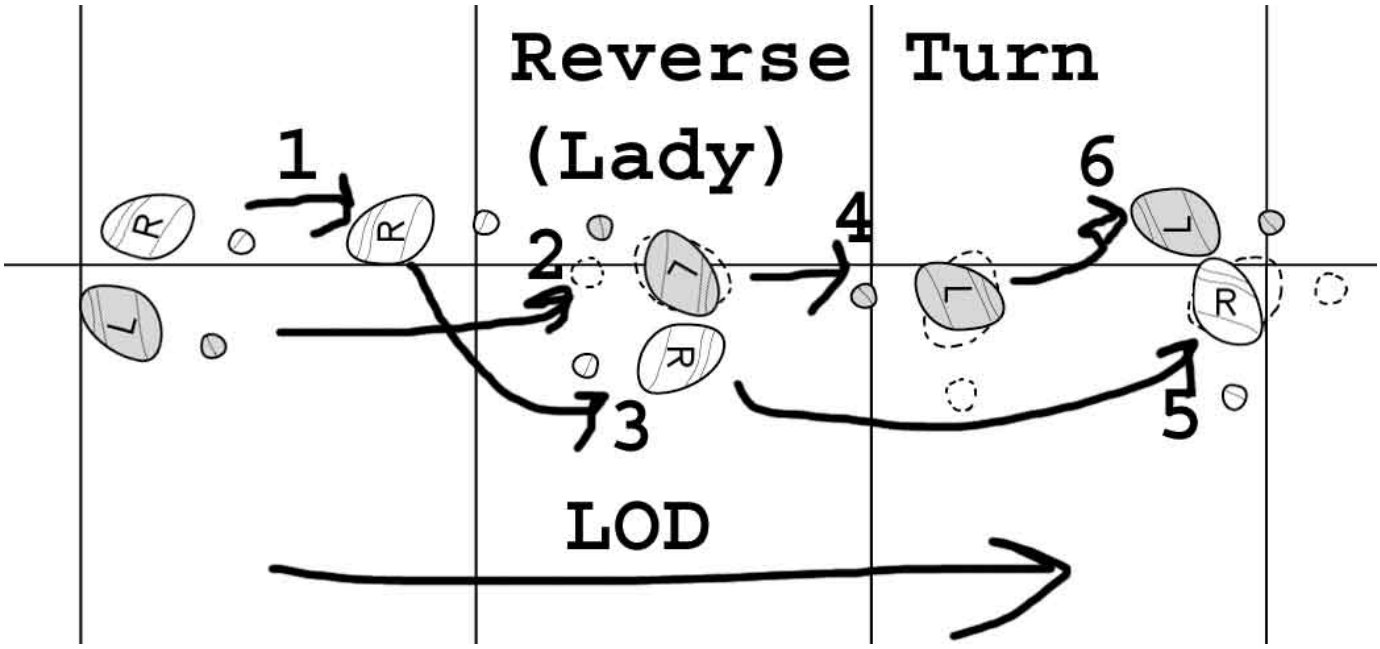
Step	Beat	Position		Align-ment	Turn	Foot work	Rise & Fall	Description
		Foot	Body					
Man								
1	**1**	LF fwd	CBM	Facing LOD	Com L	HT	Rise e/o 1	
2	2	RF side & slt back	Sway L	Backing Wall	¼ L bet 1&2	T	Up	
3	3	LF cross in front of RF	Sway L	Backing LOD	¼ L bet 2&3	TH	Up, L e/o 3	
4	**2**	RF Back & slt R	CBM	Backing LOD	Com L	TH	Rise e/o 4 (NFR)	
5	2	LF side	Sway R	Pointing bet DW & LOD	Slt more than 3/8 L bet 4&5 BTL	T	Body rise	BTL=Body Turns Less
6	3	RF close to LF	Sway R	Facing LOD	Slt less than 1/8 L bet 5&6, BCT	Flat	Body Rise, L e/o 6	BCT= Body Completes Turn



Reverse Turn / Left Turn

Rhythm: $1^{23}4^{56}$

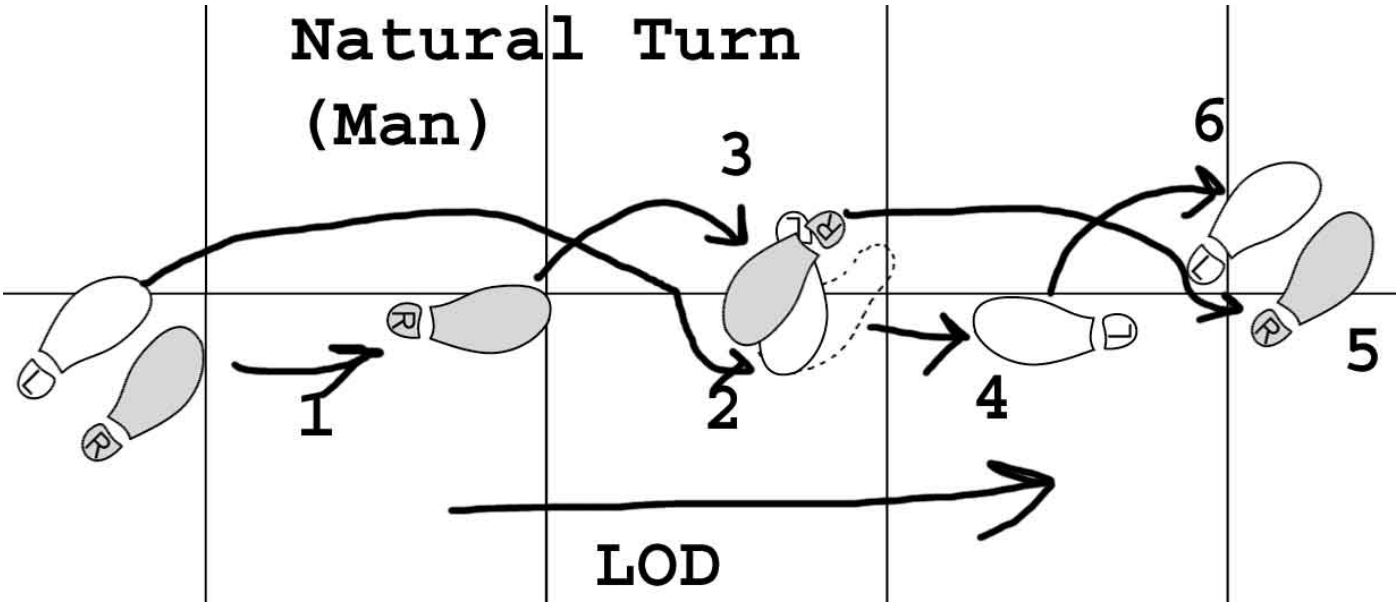
Step	Beat	Position		Align-ment	Turn	Foot work	Rise & Fall	Description
		Foot	Body					
Lady 1	**1**	RF Back	CBM	Backing LOD	Com turn L	TH	R e/o 1 NFR	NFR=No Foot Rise
2	2	LF Side	Sway R	Point bet DW & LOD	Slt more than 3/8 bet 1&2, BTL	T	Body Rise	
3	3	RF closes to LF	Sway R	Facing LOD	Slt less than 1/8 bet 2&3, BCT	Flat	Body R on3, L e/o 3	
4	**4**	LF Fwd	CBM	Facing LOD	Com L	HT	R e/o 4	
5	5	RF side	Sway L	Backing Wall	1/4 bet 4&5	T	Up	
6	6	LF close to RF	Sway L	Backing LOD	¼ bet 5&6	TH	Up, L e/o 6	



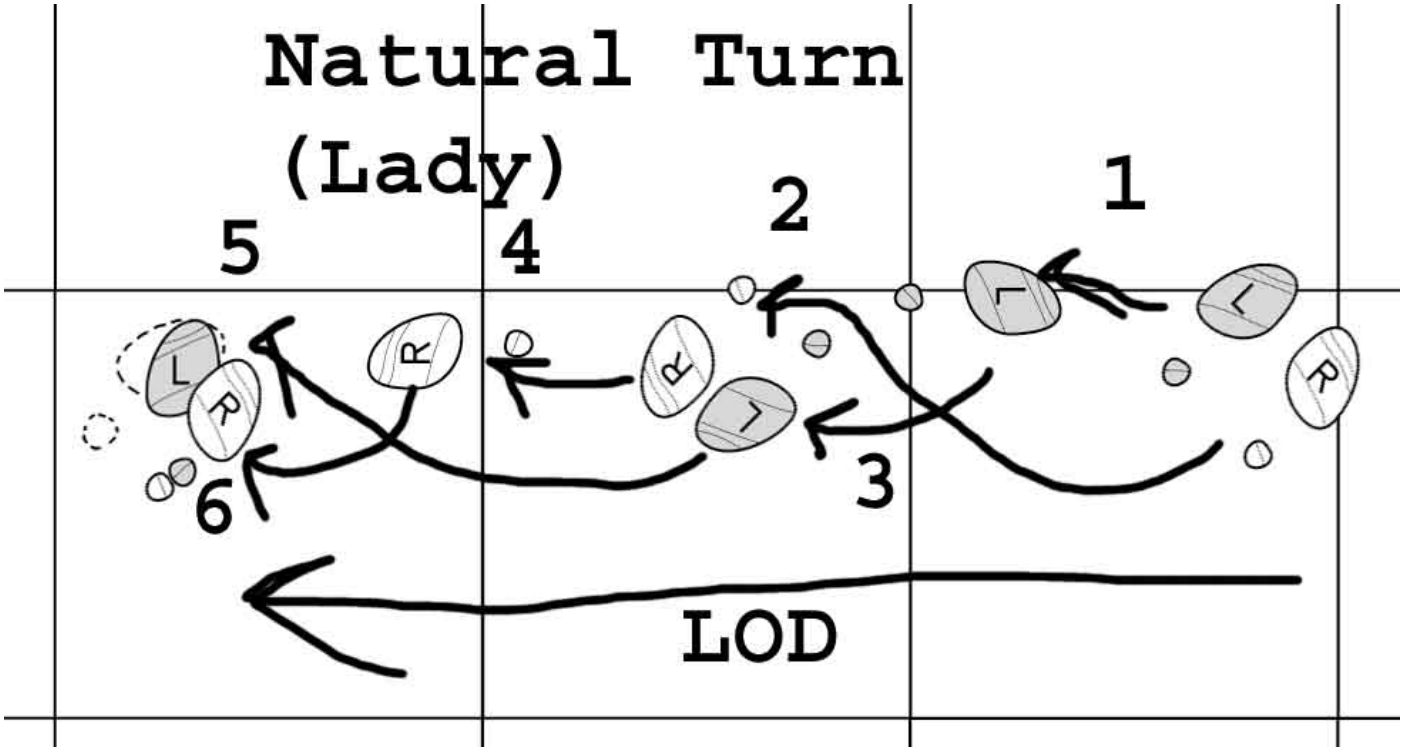
Natural Turn / Right Turn

Rhythm: $1^{23}4^{56}$

Step	Beat	Position		Align-ment	Turn	Foot work	Rise & Fall	Description
		Foot	Body					
Man		RF FWD	CBM	Down LOD	1/8 R before 1	HT	Rise e/o 1	Com Facing DC
1	**1**							
2	2	LF Side	Sway R	Backing Center	¼ R bet 1&2	T	Up	
3	3	RF close to LF	Sway R	Backing DC	1/8 R bet 2&3	TH	Up, L e/o 3	
4	**2**	LF back and Slt side	CBM	Backing LOD	1/8 R bet 3&4	TH	NFR e/o 4	
5	2	RF Side	Sway L	Pointing DC	3/8 R bet 4&5 BTL	T	Body Rise	
6	3	LF close to RF	Sway L	Facing DC	BCT	Flat	Body Rise, L e/o 6	



Natural Turn / Right Turn

Rhythm: $1^{23}4^{56}$

Step	Beat	Position: Foot	Position: Body	Alignment	Turn	Foot work	Rise & Fall	Description
Lady								
1	**1**	LF Back & slt side	CBM	Backing LOD	1/8 R before 1	TH	NFR e/o 1	Com Backing DC
2	2	RF side	Sway L	Point DC	3/8 R bet 1&2 BTL	T	Body Rise	
3	3	LF Close to RF	Sway L	Facing DC	BCT	Flat	Body Rise, L e/o 3	
4	**4**	RF fwd	CBM	Facing LOD	1/8 R bet 3&4	HT	Rise e/o 4	
5	5	LF side	Sway R	Backing Center	¼ R bet 4&5	T	Up	
6	6	RF close to LF	Sway R	Backing DC	1/8 R bet 5&6	TH	Up, L e/o 6